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| **Unit-level overview** | **Unit/week/section** | **9** |
| Unit name or title: | Home Based Care for people living with HIV and AIDs |
| Aim of the unit: | To equip learners with knowledge on home-based care practices and nutritional requirements for people living with HIV and AIDS as a component of care and management of HIV and AIDS |
| This topic covers: | This unit will focus on knowledge about home-based care practices and nutritional requirements for people living with HIV and AIDS as a component of care and management of HIV and AIDS* Basic Concepts and Services of Home-based Care; Home based care models; Nutrition and HIV AIDs; Nutrition care and support of PLWHA.
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| Intended learning outcomes: | *At the end of this* ***unit****, you will be able to:*1. Analyze the basic concepts and services of Home-based Care
2. Distinguish the various home-based care models
3. Examine the relationship between Nutrition and HIV & AIDS
4. Describe the Nutritional care and support of People Living with HIV & AIDS (PLWHA.

**Leading Question:** What kind of care can be given to people living with HIV & AIDS? |

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| Overview of student activity: | 1. Read the hand out on “Services of Home-Based Care.” Reflect on the practicability of applying these concepts in your setup and post your response in the started discussion forum thread.
2. Discuss the pros and cons of these services and post in the forum.
3. Read the handout on ‘Home Based Care Models.’ Discuss the merits and demerits.
4. Contribute to the Discussion Forum thread started by your Course Lecturer.
5. Read the hand out on “nutrition and HIV /AIDS then explore the relationship.
6. View the video on “Nutrition and HIV “focus on the nutritional requirements of HIV patients. Post your views on the discussion forum.
7. Engage in the discussion forum initiated by the lecturer.
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| **Constructive alignment of unit level outcomes with module level outcomes, learning activities and assessment***(Pressing <Tab> at the end of the table will provide additional rows in the table, if required.)* |
| Intended unit learning outcomes: | No of module-level outcome | Activity where students engage with this outcome | Where and how is this outcome assessed? |
| ***At the end of this unit, you will be able to:*** |
| 1. Identify the Basic Concepts and Services of Home-based Care | 5 | E-tivity 1E-tivity 2 | Online quiz and moderated discussion |
| 2.Differentiate home-based care models | 5 | E-tivity 3E-tivity 4 | Online quiz and moderated discussion  |
| 3. Explain the Relationship between Nutrition and HIV and AIDS | 5 | E-tivity 5E-tivity 6E-tivity 7 | Online quiz and moderated discussion |
| 4. Examine nutritional needs of people living with HIV and AIDS.  | 5 | E-tivity 5E-tivity 6E-tivity 7 | Online quiz and moderated discussion |
| 5. Describe the Nutritional Care and Support of PLWHA. | 5 | E-tivity 5E-tivity 6E-tivity 7 | Online quiz and moderated discussion |

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| Detailed explanation of ALL student and teacher engagement with the unit:*(This should be presented in the order that the activities take place. So, if students do work online* ***before*** *coming to the lecture, that should be shown ahead of what happens in class.**If there is more than one opportunity for face-to-face contact, or more than one online task, there should be a separate section for each instance, and they should be presented in the template in the same order that students encounter them.)****Content*** *– such as lecture material – can EITHER be shown here OR added as* ***clearly identifiable*** *addenda to the document. If you plan to use addenda, you should ensure that this are cross-referenced in this section.)* |
| Module level outcomes addressed: |
|  You should be able to:1. Analyze the basic concepts and services of Home-based Care
2. Distinguish the various home-based care models
3. Examine the relationship between Nutrition and HIV & AIDS
4. Describe the Nutritional care and support of People Living with HIV & AIDS (PLWHA.

**Leading Question:** What kind of care can be given to people living with HIV & AIDS?To explain the roles and challenges of youths and adults in the prevention and control of HIV transmission |
| Purpose of the unit/week/section: |
| This unit is to equip you with knowledge and skills on home-based care practices, and on nutritional requirements for people living with HIV and AIDS as a component of care and management of HIV and AIDS. |
| Pre-topic activity: |  Number of hours | 1hr |
| Research on Home Based Care for people living with HIV and AIDS in your country. What does this care entail? Is it sufficient? What can be done to make it better?This information will help you understand this topic and relate it to your context. |
| Face to face time: *(if applicable)* | Number of hours | 1.5 hr |
| Attend a 1.5-hour lecture on the Basic Concepts and Services of Home-based Care |
| Online activity: | Number of hours | 4 hrs |
| What should students do? | Over to you: *(a description of the process of the section)*e-tivity 1: This activity will Identify the Basic Concepts and Services of Home-based Care**Tasks*** Attend a 1 hour lecture on homebased care for people living with HIV/AIDS
* Download and read the handout on “*Services of Home-Based Care.”* Relate this article to experience of home based care in your country. Reflect on the practicability of applying the concepts in this article in your setup and post your response in the discussion forum thread started by your lecturer.
* Discuss the pros and cons of these services and post to your portfolio.

**Resources*** Services of Home-Based Care
* Home and community-based care in Kenya

**Assessment Task**Do the online quiz on home-based care for PLWHIV/AIDs.**e-tivity 2:**This e-tivity will differentiate home-based care models**Task*** Read the handout on ‘Home Based Care Models.’ Write down the models state the strengths and weaknesses of each. Suggest a model(s) that works best in a particular context (e.g. your community) that you have described.
* Post in your portfolio.

**Resources*** Basic Care Package 2010

**Assessment task**Do the online quiz on home-based care for PLWHIV/AIDs.**(Online 1 hour)****E tivity 3**This e-tivity will explain the relationship between Nutrition and HIV and AIDS**Tasks*** Read the hand out on “nutrition and HIV /AIDs” then explore the relationship between the two concepts.
* View the video on “Nutrition and HIV “focus on the nutritional requirements of HIV patients.

**Guided Reflections**: Having read the articles above, write down how best the nutritional needs of patients from low income households in your country can be met. Post this in your portfolio. **Resources*** Nutrition and HIV
* Video on “Nutrition and HIV. Link: <https://youtu.be/IcasMKdDClk?t=3>

**Assessment Task:**Participate in the following discussion forum initiated by the lecturer.**Malnutrition and HIV & AIDS are synergetic and together create a vicious cycle. Discuss** *Engage in the discussion, responding in the first instance to the lecturer’s statement. Come back to the forum and read what your fellow students have posted. Thoughtfully (and kindly) critique their posts and post your messages on the forum.***Earning marks:*** If your post demonstrate an understanding of the nutritional needs of HIV/AIDS patients and how the disease correlates with productivity of food and progression of the disease then you earn up to 2 marks.
* If you make an apt and polite critiques of another participant’s post, you will earn 1 mark (1 hour)
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| Where do they do it? | On the learner management system. |
| By when should they do it? | Any time within the week during which topic 9week material remain open. |
| E-moderator/tutor role |
| . Moderate and grade the discussion forum posts |
| How are the learning outcomes in this unit assessed? |  Number of hours | 2 |
| Learning outcomes are assessed through reflection by making summaries, grading discussion forum posts and attempting topic specific quiz. |
| How does this section link to other sections of the module? |
| The scope of this topic on Home Based Care for people living with HIV and AIDs contributes to the general module objectives aimed at creating awareness for enhanced behaviour change at individual and community level. |